

# **Checklist for Formulary Exception Requests**

**When to use** – if a medication is not included on a health plan's formulary or is subject to an NDC block.

**How to use** – provide a written request via a payer's form or a letter asking for the restriction to be released because the medication is medically appropriate and necessary for treatment.

**Note** – check the payer's website for a specific form they may want completed for the request.



## Things to consider including in the exception form or letter

#### **Potential information requirements**

- Patient name and date of birth
- Insurance policy number
- Physician name and NPI number
- Physician specialty
- Date of service
- Patient diagnosis—ICD-10 code
- Product name and NDC number
- Correct quantity

#### Summary of patient's history

- Previous treatments/therapies
- Symptoms or conditions
- Relevant labs
- Diagnostic tests

#### **Rationale for treatment**

- Current severity of patient's condition
- Comorbidities

#### Additional items to consider

- Sign all appropriate forms
- Include the FDA approval letter
- Include the Prescribing Information
- Include clinical records

Please keep track of dates and correspondence. When you speak to the insurance company, make sure you keep track of names of people with whom you spoke.

### At any step during the fulfillment process, you can turn to Madrigal Patient Support

For more information:



Call Madrigal Patient Support at **1-877-219-7770** Monday – Friday, 8 AM – 8 PM ET



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